

Quest Food Management

000519 - sandwich-turkey club : nsfp	Components	Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
HACCP Process: #2 Same Day Service Number of Portions: 1 Size of Portion: serving	Meat/Alt: 2 oz Grains: 2 oz Fruit: Vegetable: Milk:				? - Milk ? - Egg ? - Peanut ? - Tree Nut ? - Fish ? - Shellfish ? - Soy ? - Wheat

Ingredients	Measures	Instructions
903630 turkey breast cooked skin on gfs 315974.....	2 ozs	
903572 bread- alpha wheat diamond jim 31454.....	1 each	
903217 bacon turkey bacon gfs 219901.....	1 slice	
903677 mayo- lite gfs 429406.....	1 TB	
903548 LETTUCE, Salad Tiny Chop Mix gfs#153121...	1/4 CUP (AP Mix)	
900023 Tomatoes red ripe raw year round average.....	3 slice 1/2"	
990100 cheese provolone.....	1 oz	

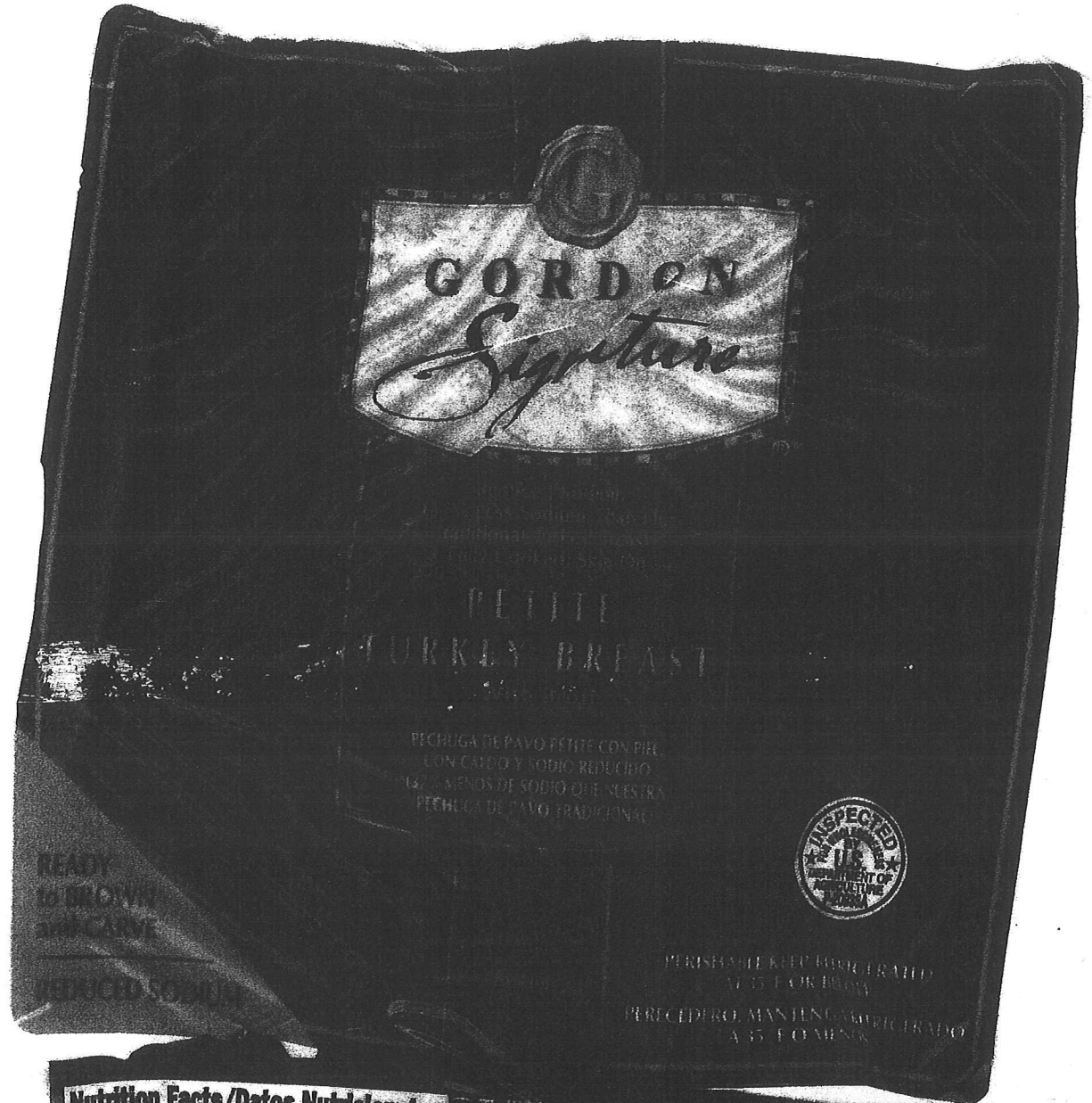
*Nutrients are based upon 1 Portion Size (serving)

	Calories	424 kcal	Cholesterol	69 mg	Sugars	*4.9* g	Calcium	292.84 mg	40.97%	Calories from Total Fat
Total Fat	19.31 g	Sodium	1229 mg	Protein	27.11 g	Iron	2.92 mg	15.95%	Calories from Saturated Fat	
Saturated Fat	7.52 g	Carbohydrates	33.65 g	Vitamin A	2062.7 IU	Water ¹	*76.55* g	0.42%	Calories from Trans Fat	
Trans Fat ²	0.20 g	Dietary Fiber	3.48 g	Vitamin C	10.9 mg	Ash ¹	*0.41* g	31.72%	Calories from Carbohydrates	
								25.55%	Calories from Protein	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes optional nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

OK



Nutrition Facts/Datos Nutricionales

Serving Size/Tamaño de porción 2 ounces/2 onzas (56g)
 Servings Per Container/Porciones por recipiente Varied/Varián

Amount Per Serving/Cantidad por porción	
Calories/Calorías	60
Calories from Fat/Calorías de grasa 10	
% Daily Value*% de valor diario*	
Total Fat/Grasa total	1g 2%
Saturated Fat/Grasa saturada	0g 0%
Trans Fat/Grasa trans	0g
Cholesterol/Colesterol	30mg 10%
Sodium/Sodio	310mg 13%
Total Carbohydrate/Carbohidrato total	1g 0%
Dietary Fiber/Fibra dietética	0g 0%
Sugars/Azúcares	1g
Protein/Proteína	11g
Vitamin/Vitamina A	0%
Vitamin/Vitamina C	0%
Calcium/Calcio	0%
Iron/Hierro	4%

Percent Daily Values are based on a diet of 2,000 calories.
 *Porcentajes de valores diarios basados en una dieta de 2,000 calorías.

Pechuga De Pavo Petite Con Piel, Con Caldo Y Sodio Reducido
 13% Menos De Sodio Que Nuestra Pechuga De Pavo Tradicional

INGREDIENTS: TURKEY BREAST, TURKEY BROTH AND 2% OR LESS OF SALT, SODIUM PHOSPHATE

INGREDIENTES: PECHUGA DE PAVO, CALDO DE PAVO Y 2% O MENOS DE SAL, ADICIÓN DE FOSFATO DE SODIO

HEATING INSTRUCTIONS

Whole Breast
 350°F Oven: Place turkey in a shallow pan with natural broth. Heat for 40 minutes or until desired temperature is reached. Product will be tender.

INSTRUCCIONES PARA CALENTAR

Pechuga entera
 Horno a 350 °F: Coloque el pavo en una sartén poco profunda con los jugos naturales del producto. Caliente 40 minutos, o hasta que llegue a la temperatura deseada. El pavo quedará tierno.

Sodium has been lowered from 490mg to 310mg per serving.
 Se ha reducido el sodio de 490 mg a 310 mg por porción.

DISTRIBUTED BY: GORDON FOODS, GRAND RAPIDS, MI 49518

1-800-4-A-GORDON

ADDITIONAL INFORMATION: SEE CUSTOMER SERVICE

Reorder No. No. de Reorden

Product Information for 219901 BACON TKY L/O 28-32CT FZ 2-6# KE

Manufacturer:			
Pack	2/CASE	Net Weight	12
Portion Size	EA	UPC Code 1	93901199010
Portion/Case	360		
Kosher	No		
Price	38.06		

Quantity Invoiced Over Last 6 Weeks

1/11/2015	1/18/2015	1/25/2015	2/1/2015	2/8/2015	2/15/2015
0	0	0	0	0	0

Other Information

Other Information	
Item Yield	CASE = 2 EACH 6# PKGS LAID OUT TURKEY BACON, FROZEN, 28-32CT/#
Shelf Life	FROZEN = 120 DAYS FROM DATE OF PRODUCTION
Thawing Instructions	THAW IN REFRIGERATOR OVERNIGHT
Basic Preparation	PAN FRY - PLACE IN COLD SKILLET OVER MEDIUM HEAT, COOK UNTIL DESIRED CRISPNESS BAKE - PLACE SLICES ON RACK IN SHALLOW BAKING PAN, BAKE AT 350 CONVECTION 7-10 MINUTES CONVENTIONAL 10-13 MINUTES
Merchandising Idea	PACK SIZE CHANGE, REPLACES ITEM #365861** SLICED TURKEY BACON STRIPS ON PARCHMENT LAYOUT SHEETS FOR EASY BAKING. EXCELLENT ALTERNATIVE TO A PORK BACON. GOOD NUTRITIONAL VALUE (LOWER FAT CONTENT) VS. PORK BACON. EXCELLENT FLAVOR AND YIELD. COST EFFECTIVE. PACKED FROZEN FOR AN EXTENDED SHELF-LIFE. CONSISTENT SIZE (28-32 SLICES PER LB) & THICKNESS ENSURES SAME PREP TIME EVERY TIME, WITH DEPENDABLE COST PER SERVING AND PORTIONING. MINIMAL GREASE FOR EASIER CLEAN UP.** WORKS GREAT ON SANDWICHES, OR AS A FLAVOR INGREDIENT OF SOUPS, SALADS, OMELETS OR CASSEROLES.** HEALTHCARE SEGMENT, SCHOOLS, PRISONS** BREAKFAST COP SIDE

Nutritional Information for BACON TKY L/O 28-32CT FZ 2-6# KE

Product Number:	219901
Description:	AP Bacon, Tky, L/O, 28-32ct, KE

Nutritional Information			
Serving Size 2 Slic (28 g)			
Amount Per Serving			
Calories 70		Calories from Fat 45	
% Daily Value			
Total Fat	5 g	8%	
Saturated Fat	2 g	10%	
Trans Fat	0 g		
PolyUnSat	n/a	n/a	
MonoUnSat	n/a	n/a	
Cholesterol	20 mg	7%	
Sodium	360 mg	15%	
Potassium	n/a	n/a	
Total Carbs	1 g	0%	
Dietary Fiber	0 g	0%	
Sugars	0 g	n/a	
Protein	4 g	8%	
Vitamin A -	0%	Vitamin C -	0%
Calcium -	2%	Iron -	2%
Percent Daily Values are based on a 2,000 calorie diet			
Calories Per Gram:			
	Fat 9	Carbohydrates 4	Protein 4

Water Soluble Vitamins		Minerals	
Thiamin B1	n/a	Phosphorus	n/a
Riboflavin B2	n/a	Zinc	n/a
Niacin B3	n/a	Magnesium	n/a
Pyridoxine B6	n/a	Copper	n/a
Cobalamin B12	n/a	Selenium	n/a
Pantothenic Acid	n/a	Calcium	20 mg
Vitamin C	0 mg	Iron	.36 mg
Folic Acid	n/a	Manganese	n/a
		Iodine	n/a

School Equivalents		Fat Soluble Vitamins	
		Vitamin D	n/a
Child Nutrition Label	No	Vitamin D	n/a
		Vitamin E	n/a
Meat/Meat Alternative	n/a	Vitamin K	n/a
Fruit/Vegetables	n/a	Vitamin A	0 IU
Grain/Bread	n/a	Vitamin A	n/a
Updated for New Final Rule			
Meat/Meat Alternate	n/a		
Grain/Bread	n/a		
Fruit	n/a		
Vegetable:			
Red/Orange	n/a		
Dark Green	n/a		
Starchy	n/a		
Beans/Peas	n/a		
Other	n/a		
Notes:			
n/a			

Ingredient:

Poultry ingredients (mechanically separated turkey, turkey), Water, Salt, Sugar, Flavoring (Salt, Sugar, Maltodextrin, Natural Smoke Flavor, Spice), Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite. COMMON ALLERGENS PRESENT: N/A. Nutrition and Ingredient statement updated January 2013.

The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.

Product Information for 488372 CHEESE PROV UNSMKD 3-12#AVG PG

Manufacturer:			
Pack	1/12.00#	Net Weight	36
Portion Size	OZ	UPC Code 1	93901488374
Portion/Case	576	UPC Code 2	93901488374
Kosher	No		
Price	25.20		

Quantity Invoiced Over Last 6 Weeks

1/11/2015	1/18/2015	1/25/2015	2/1/2015	2/8/2015	2/15/2015
0	0	0	0	0	0

Other Information

Other Information	
Item Yield	CASE= 3-12#AVG PIECES UNSMOKED PROVOLONE CHEESE.
Shelf Life	COOLER= 120 DAYS. MM/DD/YY *BREAK= 12# LOAF.
Thawing Instructions	NONE
Basic Preparation	PREP: PRODUCT IS READY TO SERVE, CAN BE MELTED IF DESIRED.
Merchandising Idea	KEY OFFERING IN THE PRIMO GUSTO ITALIAN LINE. VALUE PRICED WITH CONSISTENT QUALITY.**THE MILD FIRM FLAVOR AND TEXTURE INTENSIFIES AND BECOMES MORE GRANULAR WITH AGE**PRIMARY: SANDWHICH APPLICATIONS AND ITALIAN SEGMENT. SECONDARY: QUICK SERVE, CASUAL AND FINE DINING SEGMENTS**GREAT METLED TOPPING ON BRUSCHETTA OR IN SALADS

Nutritional Information for CHEESE PROV UNSMKD 3-12#AVG PG

Product Number:	488372
Description:	AP Cheese, Provolone, Unsmkd, Primo Gust

Nutritional Information		
Serving Size 1 oz (28 g)		
Amount Per Serving		
Calories 100		Calories from Fat 63
		% Daily Value
Total Fat	7 g	11%
Saturated Fat	5 g	25%
Trans Fat	0 g	
PolyUnSat	n/a	n/a
MonoUnSat	n/a	n/a
Cholesterol	20 mg	7%
Sodium	200 mg	8%
Potassium	n/a	n/a
Total Carbs	0 g	0%
Dietary Fiber	0 g	0%
Sugars	0 g	n/a
Protein	7 g	14%
Vitamin A -	4%	Vitamin C - 0%
Calcium -	20%	Iron - 0%
Percent Daily Values are based on a 2,000 calorie diet		
Calories Per Gram:		
	Fat 9	Carbohydrates 4 Protein 4

Water Soluble Vitamins		Minerals	
Thiamin B1	n/a	Phosphorus	n/a
Riboflavin B2	n/a	Zinc	n/a
Niacin B3	n/a	Magnesium	n/a
Pyridoxine B6	n/a	Copper	n/a
Cobalamin B12	n/a	Selenium	n/a
Pantothenic Acid	n/a	Calcium	200 mg
Vitamin C	0 mg	Iron	0 mg
Folic Acid	n/a	Manganese	n/a
		Iodine	n/a

School Equivalents		Fat Soluble Vitamins	
		Vitamin D	n/a
Child Nutrition Label	No	Vitamin D	n/a
		Vitamin E	n/a
Meat/Meat Alternative	n/a	Vitamin K	n/a
Fruit/Vegetables	n/a	Vitamin A	200 IU
Grain/Bread	n/a	Vitamin A	n/a
Updated for New Final Rule			
Meat/Meat Alternate	n/a		
Grain/Bread	n/a		
Fruit	n/a		
Vegetable:			
Red/Orange	n/a		
Dark Green	n/a		
Starchy	n/a		
Beans/Peas	n/a		
Other	n/a		
Notes:			
n/a			

Ingredients:

Pasteurized milk, cheese culture, salt, enzymes. **COMMON ALLERGENS PRESENT:** Milk. Nutrition and Ingredient statement updated September 2014. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.



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L. Wiginton
 Larry Wiginton, QA Manager
 6/27/2014

Nutritional information summary for the school dietician

Wheat Diamond Jims 24T

Serving Size:	1 Roll	Product # 31454 2.00 School Bread Servings (Whole Grain-Rich)
Servings per Pack:	24	
Serving Weight:	57 Grams	
	2.0 Oz	

Whole Grain:	18.3 Grams each	52% of total Flour
Enriched Flour:	17.1 Grams each	48% of total Flour
Total Flour:	35.4 Grams each	17.7 grams of total flour per each bread serving

ALLERGEN Statement: Contains: Wheat.

Nutrient*	Per Serving	% RDA	
Calories	144.09	7%	INGREDIENTS: Whole Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), High Fructose Corn Syrup, Yeast, Wheat Gluten, Contains 2% or less of the following: Soybean Oil, Salt, Dough Conditioners (Calcium Stearoyl Lactylate, Mono & Diglycerides, Ethoxylated Mono & Diglycerides, DATEM, Sodium Stearoyl Lactylate, Ascorbic Acid, L-cysteine, Azodicarbonamide, Calcium Peroxide, Enzymes), Yeast Nutrients (Calcium Sulfate, Monocalcium Phosphate, Ammonium Sulfate), Calcium Propionate and Potassium Sorbate (Preservatives).
Calories from Fat	19.10		
Protein (gm)	5.92		
Carbohydrates (gm)	25.99	9%	
Dietary Fiber (gm)	2.35	9%	
Total Sugars (gm)	3.96		
Total Fat (gm)	2.14	3%	
Saturated Fat (gm)	0.69	3%	
Poly Fats (gm)	0.84		
Mono Fats (gm)	0.84		
Trans Fats (gm)	0.02		
Cholesterol (mg)	0.00	0%	
Sodium (mg)	283.99	12%	
Calcium (mg)	62.67	6%	
Iron (mg)	1.38	8%	
Phosphorus (mg)	83.80	8%	
Potassium (mg)	94.43	3%	
Magnesium (mg)	25.31	6%	
Zinc (mg)	0.59	4%	
Thiamine (mg)	0.27	18%	
Riboflavin (mg)	0.15	9%	
Niacin (mg)	2.43	12%	
Folate (mcg)	32.56	8%	
Vitamin A (IU)	0.00	0%	
Vitamin B6 (mg)	0.06	3%	
Vitamin C (mg)	0.00	0%	
Vitamin D (IU)	0.00	0%	
Vitamin E (mg)	0.27	1%	

* Nutritional analysis is computed from databases. "Per Serving" information is unrounded and based on product weight.

Definitions:

"1.0 School Bread Serving" = "1oz of bread, at least 16g flour per oz"

"Whole Grain-Rich" means at least 8 grams of the flour is WHOLE GRAIN (per serving), and the remainder of the flour, if any, is Enriched.